

Department of Physical Education

2-8-2022.

The department of physical education meeting was conducted on 2-8-2022 in principal's chamber under the chairpersonship of Principal Dr. P. Suresha at 11:00 a.m. to discuss the following agenda.

Agenda:

1. To conduct independence day celebrations and National Sports day,
2. To conduct sports events to students, teaching and non-teaching on the occasion of National Sports day.

Resolutions passed:

1. It is unanimously resolved to conduct Independence Day Celebrations on 15th Aug.
2. To ~~conduct~~ celebrate National Sports Day and conduct sports events.

Signatures:

1. AAVS (A. MOHAN RAO)
2. [Signature] (P. MOHAN RAO)
3. Ch. Shanthi (CH. SHANTHI)
4. K. Ramesh (KRANTHI III BA)
[Signature] (A. NARAYAN RAO)

Principal

[Signature]
PRINCIPAL
Govt. Degree College
SRIRAKULAM

Request Letter

Srikakulam.
Date : 06.08.2022,

From

Incharge
Department of Physical Education
Govt. Degree College (Men),
Srikakulam.

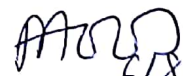
To
The Principal,
Government Degree College (Men),
Srikakulam.

Sir,

The Department of Physical Education in its meeting held on 06.08.2022 in Department Of Physical Eduation passed a resolution to observe National Sports Day on 08-08-2022. Hence we request you to kindly grant the permission to organize the programme .

Thanking you madam,

Yours Sincerely,


6/8/2022

Physical Director
Govt. Degree College (Men)
SRIKAKULAM-532001

CIRCULAR (42) DT 4-8-2022 47

Department of Physical Education SDEM, SKM,

In connection with ensuing

INDEPENDENCE DAY on August 15th 2022 and
NATIONAL SPORTS DAY on 29th of this month.

All The Teaching, Non Teaching and Students
(Both Men & Women) are hereby informed
That Games & Sports activities will be conducted
In the premises of this college from 5th August
2022 [Friday] to 29th August every day evening
from 3. P.M onwards.

Those of The Teaching, non
Teaching and Students (Men & Women) who
are willing to participate in the said activities
should immediately contact to the physical
Director further details.

Note: ① Volley ball for men & women,

② Kabaddi for men & women

③ Kho-Kho

④ Cricket for Men ⑤ Shuttle Badminton

Runs: 100 mtrs, 400 mtrs, 800 mtrs, 1000 mtrs

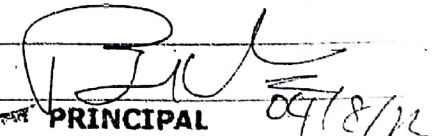
Jumps: ① Long Jump ② High Jump

Throws: ① shot put ② Javeline throw ③ Discus
Throw - for Men & women.

ENTRY FEE: Each Rs 20/- (Games) Events each Rs 10/-

AND

- ANNEHANIRAJU -
Asst. Professor / Physical Director
Govt. Degree College (Men)
SRIKAKULAM-532001
SRIKAKULAM-532001


PRINCIPAL
Govt. Degree College (Men)
SRIKAKULAM

Invitation



GOVERNMENT DEGREE COLLEGE (MEN)-SRIKAKULAM

(Reaccredited by NAAC with B++ Grade of 2.90 CGPA,
Affiliated to Dr. B. R. Ambedkar University-Srikakulam)
www.gcmsklm.ac.in

प्रतिष्ठान- २०२२

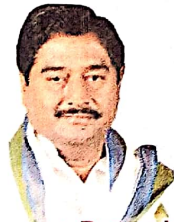
(A Platform for Excellence, Encouragement and Entertainment)

Principal, Staff & Students cordially invite you to

ANNUAL & NATIONAL SPORTS DAY CELEBRATIONS

On 29th August 2022 Monday
03.00 pm – 07.00 pm

Chief Guest



Sri Dharmāna Prasada Rao
Minister for Revenue, Andhra Pradesh State
Has consented to be the Chief Guest

Special Guests



Prof. Dr. Kutikuppala Surya Rao
MD(PGIM) Ph.D (And., Uni) FHM (CMC Vellore)
MNAMS (Med) DFM FCGP FRCP (London) FAMS (India) DSc (Hons)
CHIEF PHYSICIAN & MEDICAL SPECIALIST



Sri G Balamuralidhar
Red.SR Sports officer
SC Railway International Volleyball player

Special Invitees

CPDC Members
Alumini Association Members
Parent Teacher Association Members

We want the Education by which Character is Formed
Strength of Mind is increased, the intellect is expanded and
by which one can stand on ones' own feet!
- Swamy Vivekananda



Government Degree College (M), Srikakulam



National Sports Day Event Organized Report

2022-23

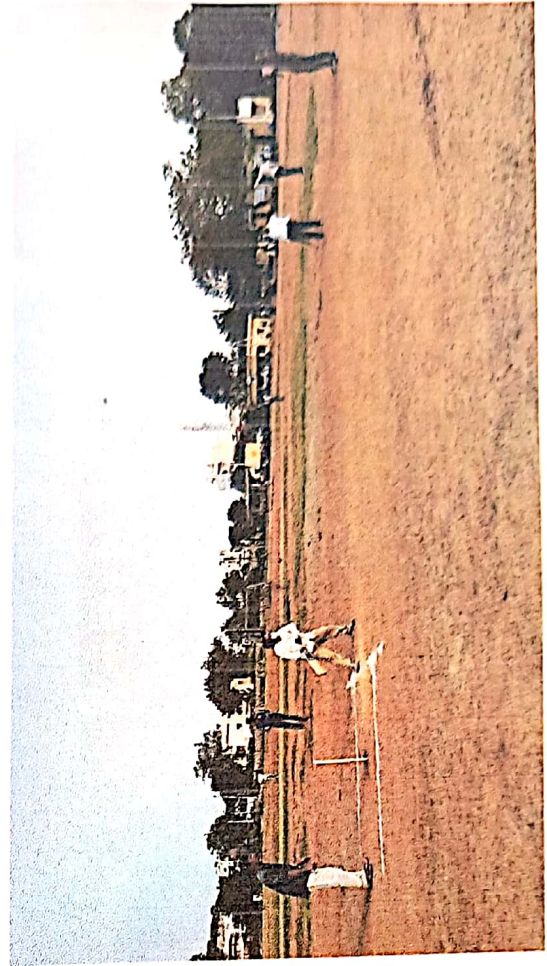
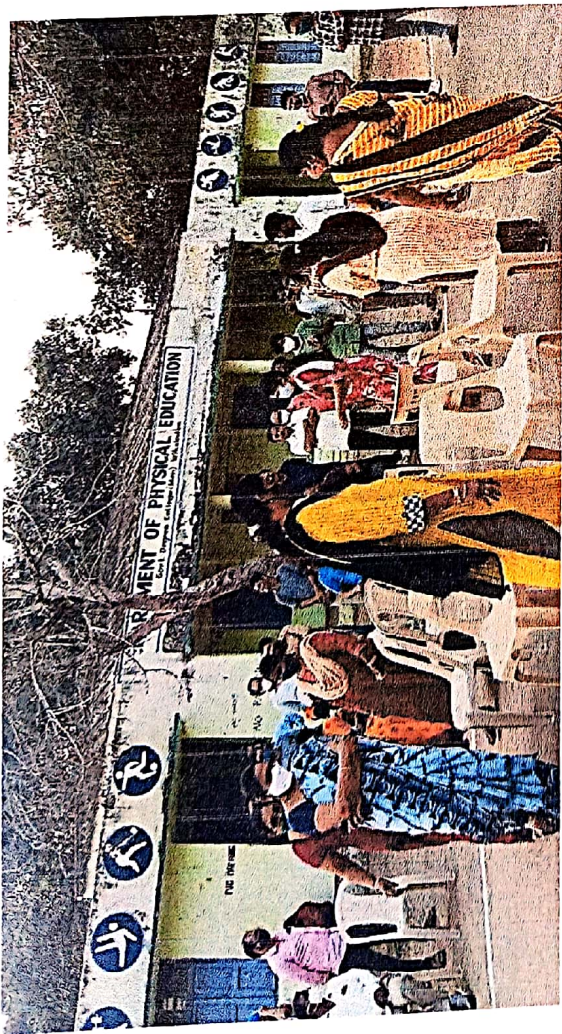
Name of Department/ Cell	Department of Physical Education
Name of Event Organized	National Sports Day
Title of the Event	National Sports Day
Date of Event Organized	29-08-2022
Name of the coordinator of the Event	Dr. A. Mohan Raju
No. of Participant (Student +Staff)	150
Name of the Expert with designation	G. Balamurali. SPORTS OFFICER SECUNDRABAD
Contact number & Address of the Expert	81 792 56699
Objective of the Event	The primary goal of the event is to inculcate the benefits of the students
Description of the event	<p>On 29-08-2022 The department of Physical Education Government Degree College (M), Srikakulam observed the National Sports Day. All the staff and students attended the programme and made it a grand success. All the participants actively practiced different Mudras. The Principal of the college also joined us for the event.</p> <p>The main goal of the event was to help everyone at the college know more about Sports Day, and its benefits that are more important for the modern day life style. It showed that Government Degree College (M), Srikakulam, cares about physical as well as mental health of the students..</p>
Outcome of the Event	The event successfully gave awareness about Yoga and its benefits. Understanding various mudras and changes that take place in our body. Attendees left with improved knowledge about National Sports Day, at Government Degree College (M), Srikakulam.

AWD
Event coordinator
Physical Director
Govt. Degree College (Men)
SRIKAKULAM-532001

R. Hanu
IQAC coordinator

B. Suresh
PRINCIPAL
Govt. Degree College
SRIKAKULAM









Government Degree College (M), Srikakulam



Feedback

Name of the event	National Sports Day
Department	Department of Physical Education
Date	29-08-2022
Name of student	B. AVINASH II BZC
Class	II BZC
Mobile no.	9347535977

1. Did the event fulfil it's objectives?

✓ Yes/ No

2. How useful was the event for you? (0 being Not useful and 5 Most useful)

0	1	2	3	4	5 ✓
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3. Rate the overall success of the event (0 being Not useful and 5 Most useful)

0	1	2	3	4	5 ✓
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4. List the key takeaway points from the events.

- A good knowledge on the uses of National Sports Day .
- I leaned various mudras and its benefits for physical as well as mental health.
- **Suggestions if any**
- I Suggest to organize more such life skill programmes.

B. AVINASH
Signature of the Student
(BOMALWI AVINASH)
9347535977



Government Degree College (M), Srikakulam



Feedback

Name of the event	National Sports Day
Department	Department of Physical Education
Date	29-08-2022
Name of student	P. Urmila II BA
Class	II.B.A.(H.E.P)
Mobile no.	9392210419

5. Did the event fulfil it's objectives?

✓ Yes/ No

6. How useful was the event for you? (0 being Not useful and 5 Most useful)

0	1	2	3	4	5 ✓
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7. Rate the overall success of the event (0 being Not useful and 5 Most useful)

0	1	2	3	4	5 ✓
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8. List the key takeaway points from the events.

- A fresh mind with healthy body.
- Good knowledge of traditional practice.

9. Suggestions if any

- I Suggest to conduct more practice classes.

Signature of the Student

P. Urmila
II BA
(P. URMILA)
9392210419



Government Degree College (M), Srikakulam



Feedback

Name of the event	
Department	Physical Education
Date	From 30-08-2022
Name of student	T. Manimala
Class	IB-Com
Mobile no.	9553293207

10. Did the event fulfil its objectives?

Yes/ No

11. How useful was the event for you? (0 being Not useful and 5 Most useful)

0	1	2	3	4	5 ✓
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12. Rate the overall success of the event (0 being Not useful and 5 Most useful)

0	1	2	3	4	5 ✓
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13. List the key takeaway points from the events.

- The event highlighted the practical experience of practicing Yoga

14. Suggestions if any

- I suggest to conduct more such life skill programmes

Signature of the Student

T. Manimala
IB-Com

(T. MANIMALA
9553293207)

signature of the students

1. S. Lokesh II B.Com
2. S. Simha chulom Ist B.com
3. S. Jeevane Rao IB.Com
4. N. John IB.com
5. S. Solman Raju II BA
6. S. Soum IB.com
7. G. Korndyal IInd B.com
8. A. Mahesh II BA
9. Amahesh II BA.
10. Soum IBZC
11. B. Minmaru II B.com
12. N. Mahesh Ist BA
13. D. Narayana Rad II BA
14. S. Saikun IBA
15. Arun Ist BA.
16. P. Kodanda nagayaju Ist B.A
17. N. Belarajad Ist BA
18. N. Mahesh Ist B.A.
19. A. Ganesh II B.com
20. Soum II B.com
21. A. Seemhadi II B.com
22. C. Baki IBZC
23. T. Sumanth IMCI C
24. B. Ramakrishna II MPC
25. S. Soum II MPC
26. B. Gopala Rao II BZC
27. D. Crownaidu IMZC
28. G. Sheema Rao II B.A
29. A. Ajith IB.com
30. G. Charam IBSC

1. Srinivas Kumar IBA
 2. K. Ramamurthy IBA
 3. I. Goutham Lakshmi II B.Com
 4. G. Chalapathi Rao II B.Com
 5. S. Vigneshwara IBA
 6. K. Anthe Rao IBA
 7. D. Ashok IBA
 8. A. Venkateswara IBA
 9. P. Upendra I B.Sc
 10. P. Ramakrishna IBA
 11. A. Dillip Kumar Ist mpc
 12. B. Manikanta Ist mpe
 13. B. Anand I mpe
 14. V. Ravi Ist mpc
 15. G. Praveen Ist mpe
 16. A. Satyanarayana I mpe
 17. B. Vijaya Kumar Ist BZC
 18. B. Somdeep Ist mpe
 19. A. Ganapathi I BZC
 20. K. Naren I mpe
 21. N. Manish IBA
 22. S. Mahendra I mpe
 23. S. Bhram Prasad IBA
 24. R. Amma Raju IBA
 25. G. Ramanna IBA
 26. D. Somasekhar IBA
 27. A. Manikanta I mpe
 28. R. Durga Prasad Rao II B.Com
 29. D. Bhujanga Reddy IBA
 30. K. Dinan I mpc
 31. G. Jayaram I mpe

Signature of the students

• N. Syamsundar IBA

52. N. Sambar IBCOM

54. S. Gopal IBA

Signature of the students (women)

55. B. Santhi IBA

56. Prasanna IMPC

57. B. Mounika I BZC

58. B. Manasa I BZC

59. A. Kusuma IBA

60. S. Priyanka I BZC

61. B. Nanyabire I BZC

62. Y. Meera Kumari II BZC

63. S. Divya I MPC

64. P. Amrutha II MPCS

65. K. Gayathri I MPCS

66. G. Divyareni II MPCS

67. K. Surya Prabha I BCOM

68. D. Latha IBA

69. Ch. Rajalakshmi I MPC

70. K. Jyothi I MPC

71. P. Meena IBA

72. Ch. Akhila IBA

73. B. Jayalakshmi I MPC

74. V. Tharmuzhi I MPC

75. K. Sanyasa I BCOM

76. Sk. Janitha I MECS

77. F. Indu I BCOM

78. SK. Asina I MPCS

79. B. Haritha I MPCS

80. V. Santhi IBA

81. N. Manalika I ST MPCS

1. T. Manimala IB.com
2. V. Chandani II meic
84. b. Agwami IB.com
85. I Indu IB.com
86. K. maheswari ± MPES
87. B. Hartha ± MPES
88. p. pallaki IBA
89. M. Madhuri II meic
90. K. Lakshmi Prasanna II meic
91. B. Bhagyasri IBA
92. M. Reatheshwari IBA
93. k. pavani I BZC